



Nordic Age Group Championships Team Managers Guide

Dear Friends,

Welcome to Denmark and welcome to Vejle and DGI Huset. We have been looking forward to welcoming you and hope you have a pleasant stay and a good event.

Below please find some useful information.

Contact information	Sports Coordinator: Martin Karup mak@svoem.dk – tel: +454-21142782 Meet Director: Lone Lagerbon lone.lagerbon@gmail.com - tel: +45-42401515
Age Groups	Girls 13-15 years (2004-2006) Boys 14-16 years (2003-2005)
Participating nations	Estonia, Finland, Iceland, Lithuania, Sweden and Denmark.
Event website	www.svoem.org/nagc
Team Managers Meeting	Friday July 12 th 19:00 at the pool in room Frekvensen on the first floor.
Warm-up Start	Session 0 – Friday July 12 from 16:00 to 19:00 Session 1 – Saturday July 13 begins at 08:30 Session 2 – Saturday July 13 begins at 14:30 Session 3 – Sunday 14 July begins at 08:30
Competition Start	Session 1 – Saturday July 13 begins at 10:00 Session 2 – Saturday July 13 begins at 16:00 Session 3 – Sunday July 14 begins at 10:00

Livetimeing	The event can be followed via this link: http://livetiming.dk/index.php?cid=461
Credit Cards	Credit cards are accepted everywhere
Meal times at DGI Huset	Friday July 12: Dinner from 19.00 to 21.00 Saturday July 13: Lunch from 12.00 to 14.00 Dinner from 18.00 to 20.00 Sunday July 14: Lunch from 11.30 to 13.30
More information	Visit Vejle - www.visitvejle.dk DGI Huset – www.dgihusetvejle.dk

Should you have any questions or concerns please do not hesitate to contact us.

Best regards,

Danish Swimming Federation

Lone Lagerbon & Martin Karup