



# Euro Meet 2019

25<sup>th</sup>-27<sup>th</sup> January



Progam 2019					Time Standards (to be achieved in 50m pools only)		
Friday, 25 <sup>th</sup> January 2019					Open	Junior	Youth
1	400m Medley	W	direct finals	60 fastest times	05:21,15	05:37,00	05:48,00
2	400m Medley	M	direct finals	60 fastest times	04:50,85	05:07,80	05:17,90
3	200m Butterfly	W	heats	120 fastest times	02:26,55	02:35,10	02:40,20
4	200m Butterfly	M	heats	120 fastest times	02:12,50	02:20,25	02:24,85
5	800m Freestyle	W	direct finals	40 fastest times	09:30,00	10:00,00	10:20,00
6	1500m Freestyle	M	direct finals	30 fastest times	17:00,00	17:40,00	18:10,00
7	100m Backstroke	W	heats		01:08,30	01:12,25	01:14,60
8	100m Backstroke	M	heats		01:01,60	01:05,20	01:07,30
9	50m Butterfly	W	heats		00:30,05	00:31,80	00:32,85
10	50m Butterfly	M	heats		00:26,65	00:28,20	00:29,15
Saturday, 26 <sup>th</sup> January 2019							
11	50m Breaststroke	W	heats		00:35,70	00:37,75	00:39,00
12	50m Breaststroke	M	heats		00:31,25	00:33,10	00:34,15
13	50m Backstroke	W	heats		00:32,40	00:34,30	00:35,40
14	50m Backstroke	M	heats		00:28,90	00:30,60	00:31,60
15	200m Freestyle	W	heats	120 fastest times	02:13,00	02:19,00	02:26,00
16	200m Freestyle	M	heats	120 fastest times	02:02,00	02:06,50	02:13,50
17	100m Butterfly	W	heats		01:06,55	01:10,45	01:12,75
18	100m Butterfly	M	heats		00:59,30	01:02,80	01:04,50
19	200m Breaststroke	W	heats	120 fastest times	02:46,50	02:56,00	03:00,00
20	200m Breaststroke	M	heats	120 fastest times	02:29,15	02:37,85	02:43,05
21	50m Freestyle	W	heats		00:28,30	00:29,50	00:30,50
22	50m Freestyle	M	heats		00:25,00	00:26,50	00:27,50
23	1500m Freestyle	W	direct finals	30 fastest times	18:44,00	19:28,95	20:02,30
24	800m Freestyle	M	direct finals	40 fastest times	08:57,40	09:18,90	09:34,70
25	4x100m Freestyle	Mixed	direct final	20 fastest times			
Sunday, 27 <sup>th</sup> January 2019							
26	400m Freestyle	W	heats	60 fastest times	04:42,20	04:51,00	04:58,00
27	400m Freestyle	M	heats	60 fastest times	04:18,00	04:28,00	04:34,00
28	100m Breaststroke	W	heats		01:16,85	01:21,35	01:24,05
29	100m Breaststroke	M	heats		01:08,65	01:12,65	01:15,00
30	200m Backstroke	W	heats	120 fastest times	02:27,95	02:36,00	02:40,50
31	200m Backstroke	M	heats	120 fastest times	02:13,95	02:21,75	02:25,00
32	200m Medley	W	heats	120 fastest times	02:31,00	02:41,00	02:46,00
33	200m Medley	M	heats	120 fastest times	02:16,15	02:24,10	02:28,85
34	100m Freestyle	W	heats		01:01,70	01:05,00	01:07,00
35	100m Freestyle	M	heats		00:55,00	00:57,00	01:00,00
36	4x100m Medley	Mixed	direct final	20 fastest times		N/A	N/A