

### DAMER, KORTBANE (25m)

	BRONZE				SØLV		GULD		
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
<b>Pointtal</b>	<b>65</b>	<b>120</b>	<b>175</b>	<b>260</b>	<b>350</b>	<b>500</b>	<b>635</b>	<b>715</b>	<b>790</b>
<b>CRAWL</b>									
50						0:29,28	0:27,03	0:25,98	0:25,13
100	2:06,61	1:43,21	1:31,01	1:19,76	1:12,24	1:04,14	0:59,23	0:56,93	0:55,07
200	4:35,52	3:44,59	3:18,05	2:53,56	2:37,19	2:19,57	2:08,88	2:03,88	1:59,83
400	9:43,27	7:55,46	6:59,27	6:07,44	5:32,77	4:55,47	4:32,84	4:22,26	4:13,69
800	19:52,17	16:11,81	14:16,96	12:31,02	11:20,17	10:03,93	9:17,68	8:56,05	8:38,52
1500	38:07,42	31:04,62	27:24,26	24:00,98	21:45,05	19:18,76	17:50,02	17:08,52	16:34,89
<b>BRYST</b>									
50						0:36,28	0:33,50	0:32,20	0:31,15
100	2:35,09	2:06,42	1:51,48	1:37,70	1:28,48	1:18,56	1:12,55	1:09,73	1:07,45
200	5:34,69	4:32,82	4:00,58	3:30,84	3:10,95	2:49,54	2:36,56	2:30,49	2:25,57
<b>RYG</b>									
50						0:32,34	0:29,86	0:28,70	0:27,76
100	2:16,86	1:51,56	1:38,38	1:26,22	1:18,08	1:09,33	1:04,02	1:01,54	0:59,52
200	4:56,53	4:01,72	3:33,16	3:06,80	2:49,18	2:30,22	2:18,71	2:13,33	2:08,97
<b>FLY</b>									
50						0:30,71	0:28,36	0:27,26	0:26,37
100	2:15,82	1:50,71	1:37,63	1:25,56	1:17,49	1:08,80	1:03,53	1:01,07	0:59,07
200	4:57,48	4:02,49	3:33,83	3:07,40	2:49,72	2:30,69	2:19,15	2:13,76	2:09,38
<b>IM</b>									
100	2:20,94	1:54,89	1:41,31	1:28,78	1:20,41	1:11,39	1:05,93	1:03,37	1:01,30
200	5:03,07	4:07,05	3:37,86	3:10,92	2:52,91	2:33,53	2:21,77	2:16,27	2:11,82
400	10:45,30	8:46,02	7:43,86	6:46,51	6:08,16	5:26,89	5:01,86	4:50,15	4:40,66

### DAMER, LANGBANE (50m)

	BRONZE				SØLV		GULD		
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
<b>Pointtal</b>	<b>65</b>	<b>120</b>	<b>175</b>	<b>260</b>	<b>350</b>	<b>500</b>	<b>635</b>	<b>715</b>	<b>790</b>
<b>CRAWL</b>									
50						0:29,89	0:27,60	0:26,53	0:25,66
100	2:09,47	1:45,54	1:33,07	1:21,56	1:13,87	1:05,59	1:00,56	0:58,21	0:56,31
200	4:40,99	3:49,05	3:21,98	2:57,01	2:40,31	2:22,34	2:11,44	2:06,34	2:02,21
400	9:48,10	7:59,39	7:02,74	6:10,48	5:35,53	4:57,92	4:35,10	4:24,43	4:15,78
800	20:05,72	16:22,86	14:26,71	12:39,56	11:27,90	10:10,79	9:24,02	9:02,14	8:44,41
1500	38:21,77	31:16,31	27:34,57	24:10,02	21:53,24	19:26,03	17:56,73	17:14,97	16:41,13
<b>BRYST</b>									
50						0:37,14	0:34,29	0:32,96	0:31,88
100	2:40,04	2:10,46	1:55,04	1:40,82	1:31,31	1:21,07	1:14,86	1:11,96	1:09,61
200	5:45,98	4:42,03	4:08,70	3:37,95	3:17,39	2:55,26	2:41,84	2:35,56	2:30,48
<b>RYG</b>									
50						0:34,09	0:31,48	0:30,26	0:29,27
100	2:24,55	1:57,83	1:43,90	1:31,06	1:22,47	1:13,22	1:07,61	1:04,99	1:02,87
200	5:08,55	4:11,51	3:41,79	3:14,37	2:56,03	2:36,30	2:24,33	2:18,73	2:14,20
<b>FLY</b>									
50						0:30,77	0:28,42	0:27,32	0:26,42
100	2:17,98	1:52,48	1:39,18	1:26,92	1:18,72	1:09,90	1:04,54	1:02,04	1:00,01
200	5:02,95	4:06,95	3:37,77	3:10,84	2:52,84	2:33,47	2:21,71	2:16,22	2:11,76
<b>IM</b>									
100									
200	5:13,67	4:15,69	3:45,47	3:17,60	2:58,96	2:38,90	2:26,73	2:21,04	2:16,42
400	11:02,46	9:00,01	7:56,20	6:57,32	6:17,96	5:35,59	5:09,89	4:57,87	4:48,13

### HERRER, KORTBANE (25m)

	BRONZE				SØLV		GULD		
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
<b>Pointtal</b>	<b>45</b>	<b>85</b>	<b>150</b>	<b>220</b>	<b>320</b>	<b>500</b>	<b>635</b>	<b>715</b>	<b>790</b>
<b>CRAWL</b>									
50						0:25,52	0:23,57	0:22,65	0:21,91
100	2:06,34	1:42,21	1:24,58	1:14,44	1:05,70	0:56,62	0:52,28	0:50,25	0:48,61
200	4:39,37	3:46,00	3:07,02	2:44,60	2:25,27	2:05,19	1:55,61	1:51,12	1:47,49
400	9:56,72	8:02,73	6:39,46	5:51,59	5:10,31	4:27,41	4:06,93	3:57,36	3:49,60
800	20:46,64	16:48,49	13:54,54	12:14,52	10:48,28	9:18,67	8:35,89	8:15,88	7:59,66
1500	39:44,27	32:08,79	26:36,11	23:24,81	20:39,87	17:48,48	16:26,66	15:48,39	15:17,38
<b>BRYST</b>									
50						0:31,81	0:29,37	0:28,23	0:27,31
100	2:36,34	2:06,47	1:44,66	1:32,11	1:21,30	1:10,06	1:04,69	1:02,18	1:00,15
200	5:38,72	4:34,01	3:46,75	3:19,57	2:56,14	2:31,79	2:20,17	2:14,73	2:10,32
<b>RYG</b>									
50						0:27,46	0:25,36	0:24,37	0:23,58
100	2:16,18	1:50,17	1:31,16	1:20,24	1:10,81	1:01,03	0:56,35	0:54,17	0:52,39
200	5:05,21	4:06,90	3:24,31	2:59,83	2:38,71	2:16,77	2:06,30	2:01,40	1:57,43
<b>FLY</b>									
50						0:27,46	0:25,36	0:24,37	0:23,58
100	2:16,29	1:50,26	1:31,24	1:20,30	1:10,87	1:01,08	0:56,40	0:54,21	0:52,44
200	5:06,75	4:08,15	3:25,35	3:00,74	2:39,51	2:17,46	2:06,94	2:02,01	1:58,02
<b>IM</b>									
100	2:22,42	1:55,21	1:35,34	1:23,91	1:14,06	1:03,82	0:58,93	0:56,65	0:54,80
200	5:08,21	4:09,33	3:26,33	3:01,60	2:40,28	2:18,12	2:07,54	2:02,60	1:58,59
400	11:02,09	8:55,61	7:23,22	6:30,10	5:44,30	4:56,71	4:33,98	4:23,36	4:14,75

### HERRER, LANGBANE (50m)

	BRONZE		SØLV		GULD				
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
<b>Pointtal</b>	<b>45</b>	<b>85</b>	<b>150</b>	<b>220</b>	<b>320</b>	<b>500</b>	<b>635</b>	<b>715</b>	<b>790</b>
<b>CRAWL</b>									
50						0:26,34	0:24,32	0:23,38	0:22,61
100	2:11,88	1:46,69	1:28,28	1:17,70	1:08,58	0:59,10	0:54,57	0:52,46	0:50,74
200	4:46,76	3:51,98	3:11,97	2:48,96	2:29,12	2:08,51	1:58,67	1:54,06	1:50,33
400	10:18,71	8:20,51	6:54,18	6:04,54	5:21,74	4:37,27	4:16,03	4:06,10	3:58,05
800	21:11,10	17:08,28	14:10,92	12:28,93	11:01,00	9:29,63	8:46,01	8:25,61	8:09,07
1500	40:48,82	33:01,01	27:19,32	24:02,84	21:13,43	18:17,41	16:53,37	16:14,07	15:42,22
<b>BRYST</b>									
50						0:33,28	0:30,73	0:29,54	0:28,57
100	2:40,61	2:09,93	1:47,52	1:34,63	1:23,52	1:11,97	1:06,46	1:03,88	1:01,80
200	5:57,08	4:48,86	3:59,04	3:30,39	3:05,68	2:40,02	2:27,76	2:22,03	2:17,39
<b>RYG</b>									
50						0:30,28	0:27,96	0:26,88	0:26,00
100	2:25,77	1:57,92	1:37,58	1:25,88	1:15,80	1:05,32	1:00,32	0:57,98	0:56,08
200	5:14,65	4:14,54	3:30,64	3:05,39	2:43,62	2:21,01	2:10,21	2:05,16	2:01,06
<b>FLY</b>									
50						0:28,26	0:26,09	0:25,08	0:24,26
100	2:20,06	1:53,30	1:33,76	1:22,52	1:12,83	1:02,76	0:57,96	0:55,71	0:53,89
200	5:13,50	4:13,61	3:29,86	3:04,71	2:43,02	2:20,49	2:09,73	2:04,70	2:00,62
<b>IM</b>									
100									
200	5:20,50	4:19,27	3:34,55	3:08,84	2:46,66	2:23,63	2:12,63	2:07,48	2:03,31
400	11:25,54	9:14,58	7:38,92	6:43,92	5:56,49	5:07,21	4:43,69	4:32,69	4:23,77