

DAMER, KORTBANE (25m)

	BRONZE		SØLV		GULD		ELITE		
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN		GULD	DELFIN
Pointtal	65	120	175	260	350	500	635	715	790
CRAWL									
50						0:29,29	0:27,04	0:26,00	0:25,15
100	2:06,86	1:43,41	1:31,19	1:19,92	1:12,38	1:04,26	0:59,34	0:57,04	0:55,17
200	4:36,49	3:45,38	3:18,75	2:54,17	2:37,74	2:20,06	2:09,33	2:04,32	2:00,25
400	9:44,27	7:56,27	6:59,99	6:08,06	5:33,34	4:55,98	4:33,31	4:22,71	4:14,12
800	20:05,08	16:22,33	14:26,24	12:39,15	11:27,54	10:10,46	9:23,71	9:01,85	8:44,13
1500	38:29,65	31:22,74	27:40,24	24:14,99	21:57,73	19:30,02	18:00,42	17:18,52	16:44,56
BRYST									
50						0:36,28	0:33,50	0:32,20	0:31,15
100	2:35,94	2:07,11	1:52,09	1:38,23	1:28,97	1:18,99	1:12,94	1:10,11	1:07,82
200	5:34,69	4:32,82	4:00,58	3:30,84	3:10,95	2:49,54	2:36,56	2:30,49	2:25,57
RYG									
50						0:32,37	0:29,90	0:28,74	0:27,80
100	2:17,36	1:51,97	1:38,74	1:26,53	1:18,37	1:09,58	1:04,25	1:01,76	0:59,74
200	4:58,52	4:03,34	3:34,59	3:08,06	2:50,32	2:31,22	2:19,64	2:14,23	2:09,84
FLY									
50						0:30,71	0:28,36	0:27,26	0:26,37
100	2:16,91	1:51,60	1:38,41	1:26,25	1:18,11	1:09,35	1:04,04	1:01,56	0:59,54
200	5:00,39	4:04,86	3:35,93	3:09,23	2:51,38	2:32,17	2:20,51	2:15,07	2:10,65
IM									
100	2:23,60	1:57,06	1:43,22	1:30,46	1:21,93	1:12,74	1:07,17	1:04,57	1:02,45
200	5:09,89	4:12,61	3:42,76	3:15,22	2:56,80	2:36,98	2:24,96	2:19,34	2:14,78
400	10:49,23	8:49,23	7:46,68	6:48,99	6:10,41	5:28,88	5:03,70	4:51,92	4:42,37

Rettet 15.10.2013 til at bruge FINA 2010 formel

DAMER, LANGBANE (50m)

	BRONZE		SØLV		GULD		ELITE		
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
Pointtal	65	120	175	260	350	500	635	715	790
CRAWL									
50						0:29,89	0:27,60	0:26,53	0:25,66
100	2:09,50	1:45,56	1:33,09	1:21,58	1:13,88	1:05,60	1:00,58	0:58,23	0:56,32
200	4:40,99	3:49,05	3:21,98	2:57,01	2:40,31	2:22,34	2:11,44	2:06,34	2:02,21
400	9:54,79	8:04,85	7:07,55	6:14,69	5:39,34	5:01,31	4:38,23	4:27,44	4:18,69
800	20:28,88	16:41,73	14:43,35	12:54,14	11:41,11	10:22,52	9:34,85	9:12,56	8:54,48
1500	39:04,20	31:50,90	28:05,07	24:36,75	22:17,44	19:47,52	18:16,58	17:34,05	16:59,58
BRYST									
50						0:37,54	0:34,67	0:33,32	0:32,23
100	2:40,29	2:10,66	1:55,22	1:40,97	1:31,45	1:21,20	1:14,98	1:12,07	1:09,71
200	5:47,17	4:43,00	4:09,55	3:38,70	3:18,07	2:55,87	2:42,40	2:36,10	2:31,00
RYG									
50						0:34,09	0:31,48	0:30,26	0:29,27
100	2:24,55	1:57,83	1:43,90	1:31,06	1:22,47	1:13,22	1:07,61	1:04,99	1:02,87
200	5:08,55	4:11,51	3:41,79	3:14,37	2:56,03	2:36,30	2:24,33	2:18,73	2:14,20
FLY									
50						0:31,58	0:29,16	0:28,03	0:27,11
100	2:19,22	1:53,49	1:40,08	1:27,70	1:19,43	1:10,53	1:05,12	1:02,60	1:00,55
200	5:02,95	4:06,95	3:37,77	3:10,84	2:52,84	2:33,47	2:21,71	2:16,22	2:11,76
IM									
100									
200	5:13,74	4:15,75	3:45,53	3:17,64	2:59,00	2:38,93	2:26,76	2:21,07	2:16,46
400	11:07,61	9:04,21	7:59,90	7:00,57	6:20,89	5:38,20	5:12,30	5:00,18	4:50,37

Rettet 15.10.2013 til at bruge FINA 2010 formel

HERRER, KORTBANE (25m)

	TALENT		BRONZE		SØLV		GULD		ELITE
	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN		
Pointtal	45	85	150	220	320	500	635	715	790
CRAWL									
50						0:25,57	0:23,61	0:22,70	0:21,95
100	2:06,34	1:42,21	1:24,58	1:14,44	1:05,70	0:56,62	0:52,28	0:50,25	0:48,61
200	4:39,37	3:46,00	3:07,02	2:44,60	2:25,27	2:05,19	1:55,61	1:51,12	1:47,49
400	9:58,19	8:03,91	6:40,44	5:52,45	5:11,07	4:28,07	4:07,54	3:57,94	3:50,16
800	20:46,64	16:48,49	13:54,54	12:14,52	10:48,28	9:18,67	8:35,89	8:15,88	7:59,66
1500	39:50,00	32:13,43	26:39,94	23:28,19	20:42,85	17:51,05	16:29,03	15:50,68	15:19,59
BRYST									
50						0:31,81	0:29,37	0:28,23	0:27,31
100	2:36,34	2:06,47	1:44,66	1:32,11	1:21,30	1:10,06	1:04,69	1:02,18	1:00,15
200	5:39,25	4:34,44	3:47,10	3:19,89	2:56,42	2:32,03	2:20,39	2:14,94	2:10,53
RYG									
50						0:28,48	0:26,30	0:25,28	0:24,45
100	2:17,59	1:51,30	1:32,10	1:21,06	1:11,55	1:01,66	0:56,93	0:54,73	0:52,94
200	4:58,32	4:01,33	3:19,70	2:55,77	2:35,13	2:13,69	2:03,45	1:58,66	1:54,78
FLY									
50						0:27,46	0:25,36	0:24,37	0:23,58
100	2:16,29	1:50,26	1:31,24	1:20,30	1:10,87	1:01,08	0:56,40	0:54,21	0:52,44
200	5:06,75	4:08,15	3:25,35	3:00,74	2:39,51	2:17,46	2:06,94	2:02,01	1:58,02
IM									
100	2:22,70	1:55,44	1:35,53	1:24,08	1:14,21	1:03,95	0:59,05	0:56,76	0:54,90
200	5:09,48	4:10,36	3:27,17	3:02,34	2:40,93	2:18,69	2:08,07	2:03,10	1:59,07
400	11:02,09	8:55,61	7:23,22	6:30,10	5:44,30	4:56,71	4:33,98	4:23,36	4:14,75

Rettet 15.10.2013 til at bruge FINA 2010 formel

HERRER, LANGBANE (50m)

	TALENT		BRONZE		SØLV		GULD		ELITE
	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN		
Pointtal	45	85	150	220	320	500	635	715	790
CRAWL									
50						0:26,34	0:24,32	0:23,38	0:22,61
100	2:11,88	1:46,69	1:28,28	1:17,70	1:08,58	0:59,10	0:54,57	0:52,46	0:50,74
200	4:46,76	3:51,98	3:11,97	2:48,96	2:29,12	2:08,51	1:58,67	1:54,06	1:50,33
400	10:18,71	8:20,51	6:54,18	6:04,54	5:21,74	4:37,27	4:16,03	4:06,10	3:58,05
800	21:11,10	17:08,28	14:10,92	12:28,93	11:01,00	9:29,63	8:46,01	8:25,61	8:09,07
1500	40:48,82	33:01,01	27:19,32	24:02,84	21:13,43	18:17,41	16:53,37	16:14,07	15:42,22
BRYST									
50						0:33,60	0:31,02	0:29,82	0:28,85
100	2:44,35	2:12,95	1:50,02	1:36,83	1:25,46	1:13,65	1:08,01	1:05,37	1:03,23
200	5:57,08	4:48,86	3:59,04	3:30,39	3:05,68	2:40,02	2:27,76	2:22,03	2:17,39
RYG									
50						0:30,28	0:27,96	0:26,88	0:26,00
100	2:26,02	1:58,13	1:37,75	1:26,03	1:15,93	1:05,44	1:00,42	0:58,08	0:56,18
200	5:14,65	4:14,54	3:30,64	3:05,39	2:43,62	2:21,01	2:10,21	2:05,16	2:01,06
FLY									
50						0:28,26	0:26,09	0:25,08	0:24,26
100	2:20,06	1:53,30	1:33,76	1:22,52	1:12,83	1:02,76	0:57,96	0:55,71	0:53,89
200	5:13,50	4:13,61	3:29,86	3:04,71	2:43,02	2:20,49	2:09,73	2:04,70	2:00,62
IM									
100									
200	5:20,50	4:19,27	3:34,55	3:08,84	2:46,66	2:23,63	2:12,63	2:07,48	2:03,31
400	11:25,54	9:14,58	7:38,92	6:43,92	5:56,49	5:07,21	4:43,69	4:32,69	4:23,77

Rettet 15.10.2013 til at bruge FINA 2010 formel